Mrs Anne Demick has devoted her life to IA (Ileostomy and Internal Pouch Association), becoming a Northern Ireland member in 1971. She has worked on all committees at one stage, including National Secretary and then Chair, virtually running the charity from an office in her home town. Mrs Demick was key to the successful reorganisation of the charity and is now Chair and Trainer of IA's Volunteer Service. She evolved this into "One2One Support", a service designed to match patients with a support volunteer who will have had specialist training approved by the Association of Stoma Care Nurses UK (ASCN). Mrs Demick has lobbied relentlessly for ostomists' welfare, delivered countless talks at leading groups; the ASCN, the Association of Coloproctology of GB & Ireland, of which she is a Lay Trustee, and represented IA on the board of the European Ostomy Association and the International Ostomy Association.